

# Fluid Motion

## Spring 2019



Attached is the Spring 2019 registration information including:

- start and end dates
- types of programs
- fees

Please, use it as a guide to register online at

[www.fluidmotion.ca](http://www.fluidmotion.ca)

**Spring Registration ends March 20**

### Program Highlights:

- Baby Splashers
- Preschool
- School-age programs:
  - ★ Red Cross Swim Kids
  - ★ Mini Swim Club for levels 5 - 6
- Teen programs:
  - ★ Learn-to-swim
  - ★ Swim Club
  - ★ Assistant Lifeguard Club
  - ★ Red Cross Assistant Lifeguard (ALG)
  - ★ Red Cross Water Safety Instructor (WSI)
  - ★ Red Cross Pool Lifeguard (LG)
  - ★ Red Cross Pool Lifeguard Recert
- Adult programs:
  - ★ Learn-to-swim
  - ★ Group Lessons
  - ★ CPR/First Aid
- We've been teaching swimming for over 30 years!
- We accept e-transfers as a payment option

### What to do after Level 10:

We have lots of options for our swimmers who have completed level 10:

- Under 13 years old: Assistant Lifeguard and Assistant Lifeguard Club
- 13 years and older: Assistant Lifeguard
  - Swim Club; fun and fitness (you don't have to wait for level 10)
  - Standard First Aid
  - 15 years Red Cross: Water Safety Instructor (WSI) and Lifeguard

### NEW WSI FORMAT

We have reduced our classroom time to create more practice teaching time in a supervised setting to build our WSI participant's confidence on the deck.

Our final WSI course for the season begins **March 1**.

### Preparing for Summer Jobs:

Do you need CPR, First Aid or Lifesaving course for your summer job? We're happy to set up a course for you.